


































Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal Choice	Main Meal Choice	Main Meal Choice	Main Meal Choice	Main Meal Choice
Beef Lasagne Garlic Bread	Selection of Homemade Pizza, seasoned wedges	Roast Chicken, savoury stuffing, roast potatoes, gravy	Chicken Tikka Masala, rice and naan bread	Battered Cod, Chips, peas, beans
   	   	     	 	 
Vegetarian Option	Vegetarian Option	Vegetarian Option	Vegetarian Option	Vegetarian Option
Penne with Italian Style Sauce, Garlic Bread	As Above	Quorn Fillet, roast potato, gravy	Chicken style Tikka Masala, rice and naan bread	Quorn Dippers, Chips, beans and peas
  	   	    	 	
Available Every Day				
Seasonal vegetables, a selection of sandwiches, jacket potatoes, mixed salad bowls, pasta salads and daily specials Cakes, pastries, cookies and sweet treats				



Gluten



Nuts



Lupin



Celery and
Celeriac



Fish



Mustard



Egg



Milk



Peanuts



Sesame



Soy Beans and Soya



Sulphur Dioxide



Crustaceans (crab,
prawn)



Molluscs (mussels, squid etc)