

## Secondary Summer 2024 Grab & Go Menu

| Monday  | Tuesday   | Wednesday   | Thursday  | Friday  |
|---|---|---|---|---|
| Rice or Noodle Bowl   | Takeover Special of the Month   | Roast of the day filled cob   | Rice or Noodle Bowl   | Fish finger sandwich  |
| Filled paninis:<br>Cheese <span style="color: green;">✓</span><br>Cheese & ham<br>Tuna melt | Filled paninis:<br>Cheese <span style="color: green;">✓</span><br>Cheese & ham<br>Tuna melt | Filled paninis:<br>Cheese <span style="color: green;">✓</span><br>Cheese & ham<br>Tuna melt | Filled paninis:<br>Cheese <span style="color: green;">✓</span><br>Cheese & ham<br>Tuna melt | Filled paninis:<br>Cheese <span style="color: green;">✓</span><br>Cheese & ham<br>Tuna melt |
| Tikka chicken wrap  | Sweet chilli chicken wrap   | Piri piri chicken wrap  | Teriyaki chicken wrap   | BBQ chicken wrap (NCS)  |
| Marinara pasta bowl <span style="color: green;">Ve</span>                                   | Americana pasta bowl <span style="color: green;">Ve</span>                                  | Tomato & spinach pasta bowl <span style="color: green;">Ve</span>                           | Pomodoro pasta bowl <span style="color: green;">Ve</span>                                   | Macaroni cheese bowl <span style="color: green;">✓</span>                                   |
| Jacket potatoes with a selection of fillings  | Jacket potatoes with a selection of fillings  | Jacket potatoes with a selection of fillings  | Jacket potatoes with a selection of fillings  | Jacket potatoes with a selection of fillings  |
| Chicken Super Salad Bowl  | Egg Super Salad Bowl <span style="color: green;">✓</span>                                   | Buttermilk Quorn Super Salad Bowl <span style="color: green;">✓</span>                      | Cheese Super Salad Bowl <span style="color: green;">✓</span>                                | Tuna Super Salad Bowl   |

Vegan versions available on request

CONTROLLED